



GLOBAL JOURNAL OF INNOVATIVE RESEARCH PERSPECTIVES

U.S. ISSN: 3143-1089

PEER REVIEWED | OPEN ACCESS | IMPACT FACTORED JOURNAL

CERTIFICATE OF PUBLICATION

This certificate is honored to be presented to

Dr. Savita Saklani Seth

for successful publication of paper titled:

**Holistic Yoga Practices for Physical, Mental, and Spiritual
Well-Being**

Published in:

GJIRP: Vol. 2, No. 3, Jul-Sep 2026

Date: 10-August-2026



Munish

Dr. Munish Kumar
Editor-in-Chief
GJIRP